

beDETERMINED

beDetermined encourages us to adapt to our surroundings and be the best we can be at whatever we choose to do. It can teach us to build and work towards our dreams, even if they seem impossible.

**BOLD,
ENERGIZING,
INVIGORATING**

With this Essential Oil blend, we are reminded that we must act on our dreams and work to make them a reality.

Envisioning and planning are not enough, you must take action and never give up.

beDetermined supports our ability to build and work toward our dreams, creating a strong sense of security and a knowledge of what needs to be done to succeed, as well as how to go about doing it.

With this blend, you will be determined take action towards your dreams and have the resolve to apply physical effort to their manifestation.

Accomplish your goals with this assertive, invigorating oil.



Success Mentoring

ingredients & attributes

100% pure, therapeutic grade, certified organic and/or wild-crafted essential oils of Spikenard, Ginger Root, Pine, Black Spruce, Balsam Fir, & Fractionated Coconut Oil.

SPIKENARD

Helps soothe the deepest forms of anxiety, nervous indigestion, migraine, stress, and overall tension.

GINGER ROOT

Benefits a wide variety of complaints including pain from arthritis, rheumatic conditions, muscular aches, and toothache.

PINE

With its refreshing, invigorating aroma, Pine is soothing for stressed muscles and joints.

BLACK SPRUCE

Possesses the ability to free and calm the mind while elevating the spirit.

BALSAM FIR

With its refreshing, invigorating aroma, Pine is soothing for stressed muscles and joints.



Available in: 5ml Bottle

suggested uses

BATH

- Add 10 to 12 drops of beDetermined blend to ½ cup of Vitality Bath Salt and soak in a warm bath while allowing the waters of inspiration to give form to your dream building plans.

TOPICALLY

- Apply 2 to 4 drops beDetermined blend to the soles of the feet for courage to move forward.
- Apply 1 to 2 drops on the solar plexus area for strength of will and to overcome fear of taking action.
- By applying 1 drop to the Third Eye area you can find the freedom of thought to dream big and use your increased analytical thinking to form a solid plan to turn your dreams into reality.

INHALATION

- Apply 2 drops to a tissue and inhale when you need to increase your left and right-brained mental ability. Diffuse 10 to 15 drops in your water mist diffuser and mist into the environment for added benefit.

MISTING SPRAY

- Mix 10 to 12 drops in 4 ounces of distilled water in a blue cobalt spray bottle. Shake well before use. Close your eyes and mist around yourself when making your plan of action. Mist into the environment to help keep you on track. If you lose a dream you have built, mist beDetermined for the strength and determination to build again.
- Mix 5 to 6 drops in 2 ounces of distilled water in a cobalt blue spray bottle. Shake well before use. Carry with you to share with friends or family, or as a mentoring tool to sample out to your team members and/or potential members, prospects, and clients.

RESPONSIBLE CAUTIONS

- Non-toxic, non-irritating and non-sensitizing.

QUALITY ASSURANCE

All goDésana essential oils are 100% Pure Therapeutic Grade that are Certified Organic and/or Wild-Harvested. They are sourced, formulated and approved by Alexandria Brighton. Oil samples, along with the Material Safety Data Sheets, Certification Documents and GC/MS Chromatography Documents, are sent to Alexandria for her approval prior to being shipped to goDésana.

